



EXAMINATION REQUIREMENTS

| KYU | OBI | KIHON | KATA | KUMITE | HOURS |
|------------------------------------|---|---|-------------------|----------------------|-----------|
| n/a – 10 th | White to Yellow w/ white stripe | Jyun Tsuki Dachi Koshinokaiten Seiken Tsuki Jodan Uke Chudan Soto Uke Chudan Uchi Uke Gedan Barai Uke Mae Geri | Kihon Kata Shodan | Ippon #1 | 25 |
| 10 th – 9 th | Yellow w/ white stripe to Yellow | – | Kihon Kata Nidan | Ippon #2 | 25 |
| 9 th – 8 th | Yellow to Yellow w/ black stripe | Shuto Uke Neko Ashi Sho Neko Ashi Dai | Kihon Kata Sandan | Ippon #3 | 25 |
| 8 th – 7 th | Yellow w/ black stripe to Orange | Morote Uke Naihanchi | Pinan Nidan | Ippon #4 Ippon #5 | 25 |
| 7 th – 6 th | Orange to Purple | Hiji Uke Mawashi Geri | Pinan Shodan | Kogo | 30 |
| 6 th – 5 th | Purple to Green | Mawashi Uke Yoko Geri | Pinan Sandan | Kogo | 30 |
| 5 th – 4 th | Green to Blue | – | Pinan Yodan | Kogo | 30 |
| 4 th – 3 rd | Blue to Brown | Ushiro Geri | Pinan Godan | Jyu Ippon | 30 |
| 3 rd – 2 nd | Brown to Brown w/ one patch | Mae Geri Kekomi | Naihanchi | – | 40 |
| 2 nd – 1 st | Brown w/ one patch to Brown w/ two patches | – | Kushan Ku ½ | – | 40 |
| 1 st – Shodan | Brown w/ two patches to BLACK | C O M P R E H E N S I V E | | | 50 |